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Yogurt adds girl power

GLENISK, the organic dairy company, has introduced Strong Woman, an innovative range of organic yogurts especially for women.

Two probiotic cultures, L.casei and bifidus, has been added to the company's low-fat organic yogurt to help promote digestive health.

Glenisk Strong Woman comes in a four-pack featuring two 125g pots of Aloe Vera & Linseed and two 125g pots of Green Tea & Psyllium Husk, priced at €2.55 per pack of four.