



Womans Way

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YOGHURT POWER!

Given the title, it should come as no surprise that *Woman's Way* is a magazine for ladies, so we don't like including too many things that the boys might enjoy.

So when yoghurts designed especially for women landed on our desks we got very excited indeed. Strong Woman by Glenisk (€2.55 for four) are organic yoghurts containing ingredients which are specifically beneficial for the female of the species, including aloe vera, linseed and green tea – we like!

